



Serving Your Need to Experience the World Adventure
Travel, Unique Imports, Cultural Presentations
at The Himalayan Bazaar on Main Street

Everest Base Camp Trek with Pem Dorjee Sherpa September 2017

Join two-time Mt. Everest summiteer, Pem Dorjee Sherpa, on a three week trip to Nepal, including trekking to Mt. Everest Base Camp. This adventure combines cultural insights and sightseeing in the Kathmandu Valley along with the famous trek to Everest Base Camp. This exciting journey in the high Himalayas gives you the opportunity to witness Mt. Everest from the ground while taking in some of the most breathtaking scenery on the planet. Since the days of early climbing expeditions, this 29,035 foot mountain has a lure of its own, drawing climbers to scale it and trekkers to gaze at its icy faces. Naturally, the trail to the base camp of the mountain has become one of the most popular trekking routes in Nepal. Few people return from the Everest region unmoved by the experience of being surrounded by the highest mountains in the world.

The trek begins with a flight into the tiny airstrip of Lukla. You will spend several days hiking through the homelands of the Sherpa people. You will visit their villages and Buddhist monasteries, and be surrounded by views of Mt. Everest and neighboring Ama Dablam, considered by many to be among the most beautiful mountains in Nepal. Stroll around Namche Bazaar, the busy market town in the heart of Sherpa country, and soak up the magnificent mountain scenery. Without doubt, the highlights of the trek are the awe-inspiring views of some of the most amazing mountains in the world, which unfold as you venture into the Khumbu Valley; not forgetting, of course, the personal sense of achievement in reaching Everest Base Camp at 17,500 feet.

ITINERARY

September 22nd: Day 1, Arriver Kathmandu.

September 23rd: Day 2, City tour and get ready for trek.

[September 24th: Day 3 Fly to Lukla and trek to Phakding \(2,652m/8,751ft\)](#)

September 25th: Day 4 Trek to Namche (3,450m/11,385ft)

September 26th: Day 5 Rest day in Namche and acclimatization hike

September 27th: Day 6 Trek to Tengboche (3,867m/12,754ft)

September 28th: Day 7 Trek to Pheriche (4,252m/14,031ft)

September 29th: Day 8 Rest day in Pheriche and acclimatization hike

September 30th: Day 9 Trek to Lobuche (4,930m/16,269ft)

October 1st: Day 10 Trek to Gorak Shep (17,107ft) hike Kalapathar (18,300ft) and back.

October 2nd: Day 11 Trek to Everest base camp and back to Lobuche (4,930m/16,269ft)

October 3rd: Day 12 Trek to Pangboche

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October 4th: Day 13 Trek to Namche

October 5th: Day 14 Trek to Phakding

October 6th: Day 15 Trek to Lukla

October 7th: Day 16 Extra day to allow for weather/flight delays/acclimatization

October 8th: Day 17 Fly to Kathmandu

October 9th: Day 18 Rest day in Kathmandu

October 10th: Day 19 Day trip to Bhaktapur

October 11th: Day 20 Fly back to home.

TRIP COST: \$4,000

PRICE INCLUDES:

- » Roundtrip Kathmandu - Lukla domestic airfare
- » Meals during the trek
- » Guide, porters during the trek
- » National Park fees, trekking permit
- » 4 nights hotel accommodations in Kathmandu in twin sharing room with breakfast
- » Guided sightseeing tour in Kathmandu and temple entry fees
- » Airport transfers
- » Equipment and clothing for porters and staff
- » Insurance for local staff and porters

PRICE EXCLUDES:

- » International flight and departure tax
- » Lunch and dinner in Kathmandu
- » Personal trekking gear and clothing (quality sleeping bags available for rent)
- » Tips and personal expenses
- » Travel/medical/emergency evacuation insurance

**Please contact us for the Travel Application for this trip:
Of Global Interest Adventure Travel**

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